





Joining me for lunch, and sparking inspiring conversation, are (left to right) Rebecca Luke, Sean Schmidt, Megan Griffiths and Lynne Barker, all professionally involved in different aspects of environmentalism.

Green Goes Glam

KELLEY L. MOORE SHOWS YOU HOW TO MAKE AN EARTH DAY CELEBRATION—OR ANY OCCASION—ENVIRONMENTALLY FRIENDLY

PHOTOGRAPHS BY TOM BARWICK

IT CAN BE HARD to change your daily routine to embrace eco-friendly habits. But in a city where everyone is thinking green, inspiration is right around the corner. In anticipation of Earth Day, April 22, I gathered cofounders of the Sustainable Style Foundation Sean Schmidt and Rebecca Luke, City Green Building's sustainable communities planner Lynne Barker and *The Off Hours* filmmaker Megan Griffiths to save the planet—over lunch. While exchanging ideas for living a more sustainable lifestyle, we also swapped Earth-friendly tips, potted plants to give friends as green gifts and traded thoughts on how to spread environmental awareness. If you fancy yourself an aspiring environmentalist, here are a few tips for throwing an eco-awareness party of your own. (Experts not included.)



Left: A room with plenty of plants makes the perfect backdrop for your party. Using a recycled glass screen from Bedrock Industries (this one, \$900), I tailored the composition of the room, allowing soft, colorful light to penetrate and highlight the dining area. Encourage your guests to mingle by breaking up seating with small side tables. With more than one place to congregate, guests will enjoy more in-depth conversation. For this side-set lunch table, I used a reclaimed-wood end table (called Amelia) from One Earth One Design (\$770). Recycled-tire stools from Area 51 (\$325 each) create unfussy seating. Below: Hemp napkins from Goods For The Planet (\$13 per set of two) and chalkboard napkin rings from Greener Lifestyles (\$58 per set of four) make simple but elegant additions to the place settings. Writing green tips on the napkin rings with a chalk pencil is a great way to educate guests, and a simple wipe-down leaves them a blank slate ready for reuse on any occasion.



FOR STORE INFORMATION SEE PAGE 48

Going green doesn't mean giving up style.

Here, I set the table with recycled and organic products that look designer-chic. The table from Urchin (\$2,600 including benches) is made from reclaimed wood and topped with easy-to-create chargers of recycled glass tile from Bedrock Industries (\$25.60 each), which provide intricate detailing beneath each bamboo steamer. Strolling through a local antique store, I found the vintage flatware, which I buffed and polished to restore shine, then placed in glassware made from recycled bottles from Bedrock Industries (\$5 each). The hand-blown red La Mediterraneo stemware, made from 100 percent recycled glass, from Greener Lifestyles (\$36 each) added a touch of elegance to the tabletop. Grouping assorted terrariums (these are from The Palm Room, prices vary) on wooden boxes by Roost, which are available at Area 51 (prices vary), creates an interesting centerpiece layered at various heights so as not to interrupt the eye line during conversation.





Left: Maria Hines, owner/chef of Tilth restaurant, one of only two restaurants in the country to receive organic certification from Oregon Tilth, provides the group with box lunches focusing on local ingredients. Above: Bamboo steamer baskets from Uwajimaya (\$14 each) replace plates—and become reusable giveaways for guests. Inside are Maria Hines' organic goodies: a Loki (smoked sockeye salmon) sandwich with niçoise olive aioli, house-made mustard, red onions, oven-dried tomato and arugula on whole-grain bread. Accompaniments of 100-percent organic chevre, sea salt crackers, sliced Gala apples from Tini's Organics, and a salad made with high-protein red quinoa grain, parsley, lemon vinaigrette and preserved lemon complete the delicious meal.

FOR STORE INFORMATION SEE PAGE 48



Though e-mailing invitations saves paper, it can feel so impersonal. Instead, send guests a Grow-a-Note Card from Goods For The Planet (\$3.50 each). Made with recycled paper and renewable leaf fiber with seeds imbedded into each sheet, when planted, the cards grow wildflowers. A pebble mat from Bedrock Industries (\$14.99 per foot), made of sheeted polished pebbles fused to mesh netting, makes a perfect placemat for potted plants.

Deep Impact

What size is your ecological footprint?

Interested in what kind of impact you're having on the Earth? Find out how much of our planet's resources your lifestyle is draining by checking out your ecological footprint (also referred to as a "carbon footprint") at **Redefining Progress** (rprogress.org), a public policy research organization. ¶ The 15-question quiz, which is used to determine your personal footprint, asks questions about your habits and lifestyle in the categories of food, goods, shelter and mobility, and then measures the productive resources you use and the waste you create against the amount of area on the Earth needed to sustain that footprint. The average American, according to Redefining Progress, needs 24 acres to sustain their footprint. ¶ Start reducing your footprint by eating local, carpooling (or better yet, take the bus) and installing fluorescent bulbs and other energy efficient systems in your home. *Alyson Davis*



Left: Always send your guests home with a parting gift; for this occasion I loved “50 Ways to Live Green” from Noteable You (\$32 each). These reusable glass jars are filled with manageable tips on how to live a more environmentally friendly life. Set on a table by the door, a few of the tips are showcased with a charming Fittonia plant from The Palm Room and an oil luminary from Greener Lifestyles (\$48) that projects a cozy image of a tree on the wall when the flame is lit. Instead of traditional seedlings, we potted indoor plants to give as Earth Day gifts to friends and neighbors. Sean and Rebecca work with two highly oxygenating plants, Polly (*Alocasia*) and Bird Nest Fern (*Asplenium*). They’re planted in biodegradable Eco-Forms Grower Pots made of renewable grain husks, available at The Palm Room (prices vary).

Right: Artist Jeff Crandall’s sandblasted and acid-etched wine bottles from One Earth One Design (\$65) are displayed in a celebration of sustainable design. Let your green décor spill into other rooms, creating conversation pieces. Below: Old paint chips get new life as colorful tags on which to write eco-friendly tips or personal notes.



STORE DIRECTORY

AREA 51

Capitol Hill
401 E Pine St.
206.568.4782
area51seattle.com

ONE EARTH ONE DESIGN

North Seattle
14300 Greenwood Ave. N, Suite A
206.418.8120
oneearthonedesign.com

UWAJIMAYA

Various locations, including Bellevue
15555 NE 24th St.
425.747.9014
uwajimaya.com

GREENER LIFESTYLES

Ballard
5317 Ballard Ave. NW
206.545.4405
greenerlifestyles.com

GOODS FOR THE PLANET

South Lake Union
525 Dexter Ave. N
206.652.2327
goodsfortheplanet.com

THE PALM ROOM

Ballard
5336 Ballard Ave. NW
206.782.7256
thepalmroom.com

BEDROCK INDUSTRIES

Interbay
1401 W Garfield St.
206.283.7625
bedrockindustries.com

URCHIN

Belltown
1922 First Ave.
206.448.5800
urchinseattle.com

NOTEABLE YOU

206.285.3000
noteableyou.com